

*Meals on Wheels
/ La Popote roulante (Ottawa)
presents*



*Sing into Spring Concert/
le concert Sing into Spring*

with/avec la chorale

Big Soul Project Community Choir

Saturday April 5, 2025 7:00 p.m. / Samedi 5 avril 2025 19 h 00



www.bigsoulproject.com



MOW would like to thank our funders:

Ministry of
Health of
Ontario via
Ontario Health



City of Ottawa



Big Soul Project Community Choir

Directress/le directrice Ellen McAteer

Sopranos

Catherine Adey
Micheline Aucoin
Madison Austin
Linda Boisvenue
Sandra Clarke
Laura Cochrane
Sarah Currie
Katherine De Kerpel
Jane Fehr
Linda Grafton
Kirsten Greenleaf
Sandra Hanson
Jane Keeler
Lisanne Latulippe
Lynn Legree
Kirsten Maedel
Valerie Marquette
Rosalie Matthews Rufelds
Barbara McLellan
Jennifer McSporran
Virginia Montoya
Ciara O'Shea
Marcia Pfothenauer
Sandy Reid
Susan Tanner
Nhung Tomkins
Katherine Wallace
Ellen Warren
Lisa Marie Wilson

Altos

Lorraine Anderson
Lise Arsenault
Karen Aston
Amy Carver
Mayda Embree
Chris Epplett
Sian FitzGerald
Susan Gardiner
Anne Haining
Kerry Jenkins
Judy Jewers
Carole Johnson
Adrienne Kehler
Judy Kiar
Jan Killen
Susan MacKenzie
Robin McAteer
Diane McIntyre
Jadzia Romaniec
Martha Smith
Leah Tauvette
Kim Turner
Anna Varriano

Tones

Fernand Begin
Chris Blaney
John Czich
Niki DiVito
John Gall
Colin Harris
Mary Hill
Neal Hill
Ben Hudson
Chris Kelly
Tim Lash
Thomas Martin
Julek Meissner
Alan Pepe
Tony Ramunas
Andrea Rheume
Ian Schwartz
Jeffrey Shuter
Steve Slade
Rob Southcott
Will Spencer
John Twemlow
Irvin Waller

Deep Grove Band

Paul Hunsberger - Keyboards Paul Raven - Bass
Tai Sato - Guitar Conrad White - Drums
Guest Musician Ian Schwartz - Saxophone

Big Soul Project Community Choir (BSP) fuses the vocal energy of a large choir with the smooth sound of its talented house band, Deep Groove, presenting high-energy songs from R&B, gospel, soul, Motown, rock, and folk music. Established in 1997, BSP has earned a reputation for its ability to entertain and inspire, leading audiences to sing along and even dance in the aisles. We are also known for our support of local charitable organizations. Both traditions continue today, under the direction of our immensely talented Music Director, Tahlia DeCorso.

Save the Date for our Christmas Concert! Saturday December 6th, 2025

Setlist/liste de chansons

Emcees/maîtres de cérémonie Cici Waugh and Yolande Cremer

I Just Wanna Be Your Friend

(Willie Hutchinson, 1971)

Listen to the Music

(Tom Johnston, 1972)

True Colors

(Billy Steinberg, Tom Kelly, 1986)

One Voice

(Ruth Moody, 2004)

Crowded Table

(Brandi Carlile, Natalie Hemby, Lori McKenna, 2019)

We Are Family

(Bernard Edwards, Nile Rodgers, 1979)

We Belong

(Eric Lowen, Dan Navarro, 1984)

There's a Praise

(Gregory Hunter, Arr. Jonas Engström, 2007)

Sing a Song

(Maurice White, Al McKay, 1975)

Nothing's Gonna Stop Us Now

(Diane Warren, Albert Hammond, 1986)

Ain't No Mountain High Enough

(Nickolas Ashford, Valerie Simpson, 1967)

Shine

(Emeli Sandé, 2019)

Love Train / Put a Little Love in Your Heart

(Love Train: Kenny Gamble, Leon Huff, 1972;

Put a Little Love: Jackie DeShannon, Jimmy Holiday, Randy Myers, 1969)

Meals on Wheels / La Popote roulante (Ottawa)

Meals on Wheels/La Popote roulante is a not-for-profit agency that promotes the dignity, health and independence of people who are elderly, differently-abled and recovering in our catchment area by:

Delivering Affordable and Nutritious Meals to Persons in Need

- Setting standards of quality of meals that kitchens must meet
- Monitoring the quality and rectifying problems with the kitchens as necessary
- Minimizing costs of meals to clients

Being a Point of Contact within the Health System

- Checking welfare of clients when delivering meals
- Alerting contacts/emergency services if required

Meals on Wheels/La Popote roulante (Ottawa) est un organisme sans but lucratif qui favorise la dignité, la santé et l'autonomie de gens âgés, handicapés ou en convalescence dans notre bassin de clientèle en assurant ce qui suit:

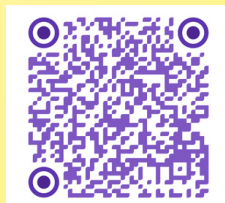
Livraison de repas abordables et nutritifs aux personnes dans le besoin

- Établissement de normes de qualité que les cuisines doivent respecter
- Surveillance de la qualité et correction des problèmes avec les cuisines si nécessaire
- Minimisation des coûts des repas pour nos clients

Point de contact avec le système de soins de santé

- Vérification du bien-être de la clientèle au moment de la livraison des repas
- Communication avec les personnes contacts et les services d'urgence le cas échéant

**Volunteer
here:**



**Donate
here:**

